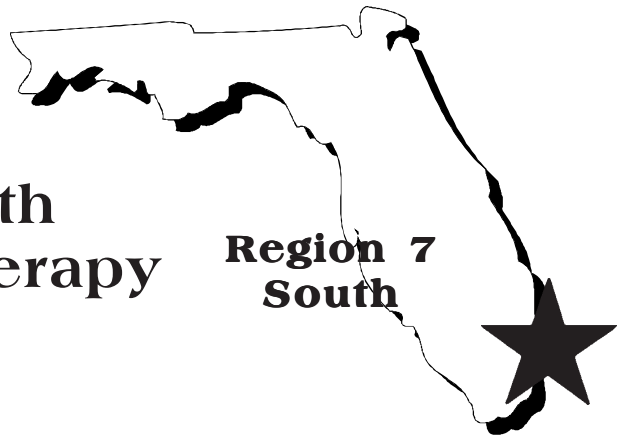


# Newsletter Region 7 South Occupational Therapy Forum



Region 7 South NEWSLETTER

January 2012

## UPCOMING EVENTS

**RA Resolutions**  
March 22, 2012

**Research Symposium**  
April 3, 2012

**Low Vision Workshop: Practical  
Skills for OTs**  
April 7, 2012

**Fieldwork Educator's Certification  
Workshop**  
May 5, 2012

*For All Events & Issues*  
<http://www.floridaotforum.org/region7.htm>

Dear Colleagues:

I hope all of you had a wonderful holiday season with your family and friends and are excited about the New Year 2012. At this time of year, folks reflect back on their occupations on a personal and professional level. We all often start new exercise routines, try new diets etc... On a professional level, people think about continuing education opportunities and or returning to school, investigating new challenges.

When considering your professional resolutions- each of us as OT professionals should consider making a commitment to become politically active and advocate for our profession and the clients and families that we serve. Sadly we continue to see families losing homes, jobs and struggling to make ends meet. We are all acutely aware of the changing health care



*Continued on page 2*

*Cont'd from page 1*

environment that has impacted our profession, our clients and their families. We have to do more with fewer resources.

We are fortunate to be in a profession that continues to be in demand. However, if we are not vigilant and articulate regarding health care cuts and legislation- OT services can and will be impacted. This is not the time to be complacent.

The first place to start is to join our state and national OT association. **THIS IS OUR PROFESSIONAL RESPONSIBILITY.** Our dues from these organizations pay for lobbyists to advocate for us in Tallahassee and Congress. Know who your local representatives are and invite them to come to your clinic, visit with their representative and share what OT offers our clients. We need to explain what OT is simply to folks – in language they understand.

Your Region 7 Board members would love your participation and help. Please feel free to contact any of us to become active at this level. We have some exciting courses this spring and look forward to seeing you at one or more of them. We will be holding the 2<sup>nd</sup> annual South Florida OT School Research Symposium on Tuesday April 3. This is a free CEU event where clinicians will have the opportunity to learn about the exciting research that is being conducted.

Peruse this newsletter to find out about all our courses for spring. Wishing all of you a blessed and healthy year!!

Elise Bloch

**A sincere thanks to NSU, Patterson Medical, Rapid Recovery Florida, and Lantz Medical for their support and contributions to the Region 7 South OT Forum.**



The Florida Occupational Therapy Association annual conference was held at the University of St. Augustine November 4<sup>th</sup> and 5<sup>th</sup>. We are proud to say that this conference built on the success of last year's conference and was the best attended conference in many years, with 131 OT clinicians and educators, and 256 occupational therapy students. For the first time, attendees were offered two institutes in addition to 30 short courses or workshops including those required for licensure renewal. Students presented a record 34 posters and, for the first time, were joined by three professional posters. Beautiful trophies were presented during the annual business meeting to the winners of the student poster competition: OT students Brianna Smyth, Samantha Willis, Erin Hillock, Jenny Hopson, and Meagan Widner under the supervision of Florida Gulf Coast faculty, Tina Gelpi, OTD, OTR/L and COTA student Kristin Mixell under the supervision of faculty, Mary Beth Craig-Oatley from Daytona State College. The FOTA board and membership extends our hearty congratulations to all poster presenters and to the winners. The 2011 fall conference was brought to a close with a heart-warming and entertaining speech from performer, Ben Vereen. We think everyone who heard him left with renewed pride in the occupational therapy profession.

Please keep up to date on OT in Florida and the activities FOTA by visiting, [www.flota.org](http://www.flota.org) regularly, by maintaining your membership, and by participating in local events sponsored by leaders in your region. Contact information for your regional representative can also be found at the FOTA web-site. See you at conference next year in Tampa on November 2<sup>nd</sup> and 3<sup>rd</sup>.

Cathy Peirce

## Health Literacy – the under the radar IADL

Elise Bloch, EdD, OT/L

The Institute of Medicine convened a national workshop on health literacy this past November. Health literacy has been on the national agenda for the last 10 years. Research suggests that the strongest predictor of positive health care outcomes is not level of education, SES or gender but health literacy (IOM, 2011). What is health literacy? Researchers and educators in the field continue to discuss and debate the definition and constructs. Simply put- health literacy is your ability to navigate and understand the health care system and information regarding your health.

Sadly, typically health literacy issues are under the radar for many professionals. Think about your last visit to your physician- did your doctor explain in clear, patient friendly language about your illness and treatment, did your doctor take the time to answer your questions or concerns? Did they tell how to take your medicine? Were the contraindications and precautions explained to you in language you understood? Did your doctor listen and address all your concerns?

Consider the demographics of South Florida. We have a large percentage of non-English speakers who we see every day in our clinics. How does the language barrier impact their ability to understand their condition, diagnosis and treatment and navigate thru the medical system? These folks are at greater risk for health care errors and poor medical care. Health care researchers and educators have long recognized the impact of health literacy on health care disparities.

Health literacy is more complex than literacy. One could be a Ph.D. but still have poor health literacy – unfamiliar with medical jargon and the hospital systems. We as OT's are at an advantage- if we have a loved one in the hospital- we are familiar with the culture and hospital hierarchy. Many folks do not know these things. We know we may not want a resident in a teaching hospital to made decisions about our loved one, but wait for the attending. We know that there is a head nurse on each floor if needed. We know about patient advocates and ombudsman.

Here are some health literacy skills: setting up your medications, making an appointment, knowing when and how to reorder meds, following the care plan set by your health care provider. These are all IADL's that are vital to good health care outcomes. These are IADL's that we as OT's can work on with our clients. Think about this – how often do we unconsciously throw around rehab jargon that our clients and their families do not understand. How often do we explain in simple, patient friendly language what we are doing? It is suggested by health literacy experts- that reading material should be on a 6<sup>th</sup> grade level. Are the informational brochures your clinic provides for patients and family on that level?

Health literacy is a major national health concern today. Researchers in the field are examining how to measure literacy and effective interventions to improve literacy. Consider these IADL's next time you are working with patients and their families. We as OT's are in a unique position to foster and improve our client's health literacy skills. These skills will empower our client's to be knowledgeable health care consumers and advocate for themselves for better health care outcomes. To explore more about health literacy peruse the websites listed below.

References:

National Research Council. *Innovations in Health Literacy: Workshop Summary*. Washington, DC: The National Academies Press, 2011. 1. Print.

<http://www.cdc.gov/healthliteracy/>

<http://nrlm.gov/outreach/consumer/hlthlit.html>

<http://lincs.ed.gov/health/health>

[www.iom.edu](http://www.iom.edu)

## RA Resolutions

### What's the Latest Buzz from AOTA

Moderator: Cathy Peirce, PhD, OTR/L



Guest: Debbie Misrahi

Debbie Misrahi, AOTA Alternate Representative for Florida, is coming to discuss and obtain your input on the motions that have been submitted to the RA as well as the extensive changes to the structure of AOTA that have been recommended by the ad hoc Participation Task Force. Part of the rationale for these proposed changes is to provide members greater opportunities with more flexibility to participate in guiding the profession.

#### Objectives:

- 1- Familiarize yourself with the new resolutions
- 2- Understand the impact these changes will have on OT practice
- 3- Learn about AOTA's latest activities related to the OT/ Centennial vision.

Thursday, March 22, 2012

6 pm registration

6:30 - 8:30 pm

**Nova Southeastern University**

3200 S. University Drive  
Fort Lauderdale, FL 33328

2 CE Awarded by Nova

RSVP [hlipshutzot@aol.com](mailto:hlipshutzot@aol.com)  
(*rsvp preferred*)

Chancellor's dining room  
fifth floor  
Terry Building.

Region 7 South OT Research Symposium  
Tuesday, April 3, 2012

**Place:** Nova Southeastern University  
Terry Building, 1<sup>st</sup> floor, Terry Aud  
**Time:** 6:00 pm registration  
6:30 – 8:30 pm

**Course Moderators:** Elise M. Bloch, Ed.D., OT/L  
and Cathy Peirce, PhD, OTR/L



This will be a 2 hour poster presentation highlighting student-faculty research projects from the 3 local OT schools. Research topics span across practice areas. Clinicians will have the opportunity to ask questions and share their clinical experience related to research. This is a free CE event open to the OT community and an opportunity for students to network and connect with professionals and OT students from other local OT programs.

Objectives:

1. To become familiar with current practice research areas of interest.
2. To describe the research process.
3. To learn about the different types of research designs.
4. To learn about the benefits of clinic-academic research collaborations.
5. To learn about entry-level OT students' engagement in research

**RSVP Preferred**

email E Bloch [bloche@fiu.edu](mailto:bloche@fiu.edu)

*Type RSVP Research Symposium in Subject Line*

This Course is accredited for 2 contact hours by the Occupational Therapy Department of NSU which is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, P.O. Box 31220, Bethesda, MD 20824-1220. Telephone 301-652-AOTA

**Affordable Care Act (ACA) Update**

It is crucial that we stay up to date on the regulations and implementation of the Affordable Care Act. In December 2011, the Department of Health and Humans Services (HHS) Secretary Katherine Sebelius released a bulletin regarding information on “essential health benefits”. These are the comprehensive package of items and services that will be covered under the ACA. HHS has decided that instead of having a national benchmark of what is considered “essential health benefits” that each state can define what should be included in these benefits. To make this decision the states have to choose one of the following health insurance plans as a benchmark:

- ◆ One of the three largest small group plans in the state;
- ◆ One of the three largest state employee health plans;
- ◆ One of the three largest federal employee health plan options;
- ◆ The largest HMO plan offered in the state’s commercial market.

This has major implications for practicing OT’s across the country. In Florida, we are well aware of the major cuts to OT funding that have occurred in the last years (i.e: Medicaid, Early Steps). It will be imperative that we educate and lobby at our state level to make sure that OT services are covered in these essential health benefits. AOTA has been lobbying at the national level to make sure OT is covered in habilitation and rehabilitation services. AOTA continues this journey to work with HHS and other agencies to ensure that OT will be part of a comprehensive benefit plan. In order for FLOTA and AOTA to do this, they need lobbyists that are paid for by our membership fees. To learn more about what the latest regarding the ACA –you can view information at this website: <http://www.aota.org/healthcarereform>. To read about the HHS bulletin please peruse this website: <http://www.hhs.gov/news/press/2011pres/12/20111216c.htm>

## Current Legislative and Reimbursement Issues in Occupational Therapy Practice

Region 7 South of the Florida Occupational Therapy Association held its annual Social and Legislative Forum on September 21, 2011. Local practitioners, occupational therapy students and faculty met at Nova Southeastern University to network and discuss current legislative and reimbursement issues in occupational therapy practice. This also provided an opportunity for occupational therapists and assistants to earn continuing education units. The night was divided into two sections; a presentation by the FOTA Coordinator of Government Affairs, Debora Oliveira, and a panel discussion with practitioners from a variety of settings.

The focus of Debora Oliveira's presentation was providing information regarding the current and pending changes in federal and state programs, specifically Medicare & Medicaid. With the anticipation of the privatization of Medicare, she stressed the importance of practitioners substantiating how occupational therapy is beneficial to consumers and how services are cost effective to third party payers. This can be accomplished through providing evidence based literature and documentation of outcomes to insurance providers, and by consumers & practitioners communicating with local and state representatives through email or letters. This validation of occupational therapy's effectiveness is critical in ensuring occupational therapy services continue to be accessible.

The panelists were: Debora Oliveira, Cheryl Miller, National Director of Therapy Operations HealthSouth Corporation; Pilar Saa, owner of Interplay Occupational Therapy for Children; Amy Suter, occupational therapist, Aegis Therapies; and Colleen Ferren, Regional Director, Nurse on Call.

These four practitioners represented inpatient rehabilitation, home health, pediatrics and skilled nursing facilities. The open dialogue provided an opportunity for the panelists to identify key reimbursement concerns in their respective settings and discuss the challenges and actions being taken by clinicians and managers in their various practice settings to ensure ongoing delivery of OT services.

This meeting served as a reminder that, in an unpredictable economical and political climate, it is important to maintain membership in national & state OT associations not only to be current on policies impacting the profession but also to support the efforts of OT lobbyists who work to ensure that the OT profession is included when important decisions are being made.

Kelly Cleveland, OTS  
Occupational Therapy Student, Nova  
Southeastern University

Cathy Peirce, Ph.D, OTR/L  
OT faculty, Nova Southeastern University



Panel and Officers in order L\_R Heidi Lipshutz, Cheryl Miller, Amy Suter, Maria del Pilar Saa, Cathy Peirce, Debora Oliveira, Colleen Ferren, Nicole Quint and Kristi Ricks.

## Occupational Therapy in the Jamaica Medical Mission

The Nova Southeastern University Jamaica Medical Mission has now provided free multidisciplinary (pharmacy, dental, medicine, optometry) healthcare services for the past eleven years. Occupational therapy has attended the majority of the trips, providing a fieldwork experience for second year MOT students. The trip took place for the first 9 years during the month of July, with services provided in Kingston and St. Mary. In 2010, however, the trip was cancelled due to civil unrest in Kingston. Luckily, this negative event turned into a positive with the creation of a December trip, which focused on providing care to the communities of St. James and St. Elizabeth, on the western part of the island. This year we completed two mission trips; one in July and one in December. Each year the process of asking for donated equipment and funds, providing fundraisers, and planning the trip results in the inevitable question "how do you provide OT on the mission?" During my first trip in 2009, I had that same question. I also had to find the answer and figure out how to make it work when you only see someone once. Basically, you provide a lot of education about their occupational performance issues, provide adapted equipment or methods, and throw in a dose of creativity and you get OT

hat has: helped a gentleman with a CVA return to his work clearing brush with a machete, allowed a teenage girl with an above knee amputation socially engage with peers and dance, created walking sticks that enable the elderly to attend church services in the community, enabled a severely disabled teen to engage gain some control over his environment and play games on the computer, and advocated for a child with Down's Syndrome to attend school.



While the mission clearly benefits the people of Jamaica, our MOT students at NSU, and exposes other disciplines to OT, it also has another benefit-it

continually reenergizes me as an OT. This amazing opportunity would not be possible if it weren't for all of the donations provided by Benik splints, Sammons Preston, BioFreeze, Chewy Tubes, Handwriting without Tears, Dynamic Orthopedics, Ability Medical Supply and AMDi as well as personal donations from individuals in the community. Thank you and I hope some of you consider attending the trip in the future.

Nicole Quint

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## Region 7 Hand Therapy Forum

In September, the Region 7 Hand Forum met at Coral Springs Medical Center for our meeting. Sandra Salinas MHS, OTR, CHT presented "Wrist Rehabilitation and Proprioception". Sandra is an OT and CHT working at Memorial Hospital Miramar and she originally presented her paper in Orlando at the The Florida Hand Society Meeting in May. We were all fascinated as Sandra made "sense" of it all about proprioception of the wrist and the role of the wrist ligaments. In addition, she presented practical application of exercises to improve hand and wrist function. A great big thank you to Coral Springs Medical Center Outpatient Rehabilitation and to Kathy Hugins for organizing the event and for the space to meet.

Our next meeting is planned for January 26, 2012, 6:30PM at Broward General. The meeting is ***Clinical Pearls of Orthotics for the Hand therapist***. ASHT President, Jerry Coverdale will be there to discuss our new nomenclature. Keith Harkins of Sammons Preston/Patterson Medical will be on hand with some splinting material for us to play with. Please bring your orthotic/splinting pearls and any orthotics/splints you have created to share with our fellow therapists. RSVP is required to Heidi Lipshutz, OTR/L, CHT @ 954-290-7559 or hlipshutzot@aol.com.

Also check us out on Facebook under groups- region 7 hand group.

**Carpal Instability Syndromes and  
Common Wrist Injuries:  
*A no-nonsense Approach to Assessment,  
Intervention and Functional Recovery***

**Date:** February 25, 2012

**Time:** Registration 7:45 am  
8 am–5 pm  
*Lunch on your own*

**Place:** Nova Southeastern University

**About Our Speaker**



Dr. Jose R. Rafols is a licensed Occupational Therapist with more than 27 years experience in clinical orthopedics and 17 years experience in upper extremity rehabilitation, hand-injuries, neurological injuries, Traumatic Brain Injuries (TBI), diabetic foot and wound care, geriatrics and adult rehabilitation. Dr. Rafols provided masters level instruction in the Occupational Therapy Program at Florida International University in Miami Florida and more recently at the Medical College of Georgia, Augusta, Georgia. Dr. Rafols is on faculty with Cross Country Education and offers one & two day seminars on various health related and clinical topics. He is President and owner of Therapeutic Home-Bound Services Corporation (THS-Corp), which provides tailored and personalized private occupational therapy services to the greater Miami area.

Dr. Rafols currently holds the rank of Major in the United States Army Specialty Corps and has served more than 27 years combined active and reserve duty in the U.S. Navy, the U.S. Marine Corps and the U.S. Army Reserves. He is currently serving on active duty and as the Assistant Officer in Charge, at Eisenhower Army Medical Center, Ft. Gordon, Georgia. Dr. Rafols (MAJOR) has served in the capacity of as Executive Officer to the 7217th Medical Support Unit (MSU), the Company Commander of

the 324<sup>th</sup> Combat Support Hospital, S-4 (Logistics Officer) 324<sup>th</sup> Combat Support Hospital, and the Assistant Operations Officer, 324<sup>th</sup> Combat Support Hospital, at the Martinez Reserve Center in Perrine, Florida. Dr. Rafols (MAJOR) has recently completed a 12 month combat deployment to Eastern Afghanistan, Paktika Providence, with the 101<sup>st</sup> Airborne Division, 3<sup>rd</sup> & 4<sup>th</sup> Brigade Combat Teams (BCTs) to set up and provide clinical rehabilitation of post blast injuries caused from mild-Traumatic Brain Injuries and poly-trauma.

### Course Description

This course is a comprehensive and interactive instructional module that takes a detailed look at the various carpal and distal forearm instability patterns that greatly impacts the patient's ability to use his/her wrist or hand. A thorough review of the wrist and distal forearm anatomy is undertaken, as well as the patho-mechanics of this crowded bone and ligamental complex. The clinician or provider will also become familiar with provocative assessments (used to identify or rule-out certain carpal injuries) and gain a fundamental appreciation of how to navigate through radiological exams (x-rays) of the wrist and distal forearm.

This course focuses on assisting the attendee in gaining well-rounded neuro-musculo-skeletal (NMS) overview of one of the most complex and bewildering anatomical regions of the body. The course offers clinicians a simple no-nonsense approach to evaluation, intervention, and functional recovery of wrist and distal forearm injuries.

This course is suitable for Occupational Therapists, Certified Occupational Therapy Assistants, Physical Therapists, Physical Therapy Assistants, as well as, Certified Hand Therapists.

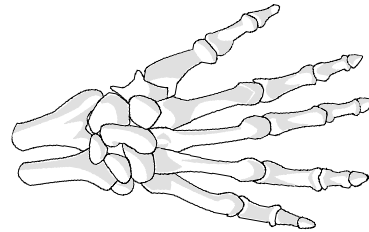
**cancelled**

## Course Outline

- I Course Objectives.
- II Clinical review of the bony and soft-tissue structures of the distal forearm and wrist.
- III Carpal Tunnel Syndrome
- IV Tunnel of Guyon (TOC)
- V Triangulo-fibrocartilage Complex (TFCC)
- VI Distal Radioulnar Joint (DRUJ)
- VII Positive and Negative Ulnar Variances
- VIII Common Wrist Fractures
  - a. Colles' Fx (Distal Radial Fractures)
  - b. Smiths' Fracture
  - c. Bartons' Fracture
  - d. Rolando Fracture
  - e. Galeazzi Fracture
  - f. Chauffeur's Fracture
  - g. Pilon Fracture
- X Carpal Instability Patterns
  - a. DISI
  - b. VISI
  - c. CID
  - d. DIND
  - e. CIC
  - f. CIA
  - g. Scapholunate Instability
  - h. Lunotriquetral Instability
- X Ulnar Head Resections
- XI Osteoarthritis (OA) and Rheumatoid Arthritis (RA)
- XII Ganglion Cysts of the Wrist
- XIII Carpometacarpal Boss (CMB)
- XIV Provocative Assessments (Testing) of the Wrist
- XV Radiological Review of the Wrist
- XVI Rehabilitation and Intervention of Common Wrist Injuries
- XVII Case Study Reviews:
  - a. Proximal Scaphoid Fx (non-union)
  - b. Distal Radial Fracture with ORIF
  - c. TFCC Tear with Surgical Repair
- XVIII Reference Section
- XIX Wrap-up (Q and A)

## Learning Objectives

1. Become familiar with the functional anatomy and surface features of the wrist.
2. Become knowledgeable with the patho mechanics of the wrist and common mechanisms of injury (MOI).
3. Become familiar with the most common Fractures and Carpal Instability Patterns of the Wrist.
4. Be able to understand simple wrist x-rays and become familiar with how they are employed in the diagnosis of wrist injuries.
5. Be able to dovetail and synthesize previous learning into logical clinical outcomes through the use of clinical case studies



***To receive CE contact hours you must stay for the full program. You must sign in as well as sign out in the registration area.***

**Registration and Directions  
are on page 15**

This Course is accredited for **8** contact hours by the Occupational Therapy Department of NSU which is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, P.O. Box 31220, Bethesda, MD 20824-1220. Telephone 301-652-AOTA

**Nova Southeastern University Faculty and MOT students  
Safe Handling of Individuals with Disabilities  
2011 South Florida Citizen Corps Conference**

Pam Kasyan, MS, OTR/L; Karen Dickerhoof, Jennifer Swayman, MOTS; Erin Holland, MOTS, & Jocelyn Shea, MOTS

On Saturday September 24, 2011, Karen Dickerhoof, Executive Director of CIL, Assistant Professor Pam Kasyan, MS, OTR/L and three MOT students from NSU, provided multiple sensitivity training and safe handling sessions at the South Florida Citizen Corps conference. The participants were citizen volunteers committed to being a part of the emergency preparedness teams in South Florida. The National Citizen Corps Organization is a volunteer based organization coordinated nationally by the Department of Homeland Security's Federal Emergency Management Agency (FEMA) with the mission of making communities safer, stronger, and better prepared to respond to disaster situations. The Corps coordinates and provides opportunities for all people to participate in making their families, homes, and communities safer from threats of crime, terrorism, or any other disaster. Firmly believing that having citizens involved as first responders is key to having safer communities.

Nova Southeastern University was invited to participate in providing hands on training by Karen Dickerhoof, the Executive Director, for the Center for Independent Living of Broward (CILB). The Center offers assistance to people with disabilities. Their mission is to help fulfill goals of independence and self-sufficiency. They help with employment, independent living skills, assistive technology, and finding housing. Ms. Dickerhoof has been an energetic advocate for all individuals with disabilities, to ensure that all people have access to the emergency response services created by the community.

Noteably, Ms. Dickerhoof, was disappointed by the response to 2005 Hurricane Wilma, when the recovery team providing emergency food stamps required that individuals wait in line at a tent to complete an application. Arranging for

transportation, finding the tents, and waiting in line for extended periods of time, without any regard for seating or accessible parking was not adequate to meet the needs for many individuals with disabilities. Ms. Dickerhoof noted several other issues were overlooked regarding the disabled community, and through ongoing advocacy efforts, ensured that current response planning includes what FEMA refers to as Functional Needs Support Services.

In the Disability Sensitivity Training course, the Center for Independent Living of Broward presented a summary of sensitivity training for a first responder, and Professor Kasyan, MS, OTR/L, CHT and three MOT students presented on safe handling of individuals during crisis. The students, Erin Holland MOTS, Jennifer Swayman MOTS, and Jenna Rusche MOTS, were given the opportunity to participate, as a service learning experience. They were excited to be a part of an event for such dedicated citizens. Recognizing their knowledge on body mechanics and proper transfer techniques, would train community members to safely handle individuals with disabilities during crisis.

The Disability Sensitivity Training at the 2011 Citizens Corps conference was a collaboration between the Center for Independent Living of Broward, Nova Southeastern University, and the Citizen Emergency Response Team (CERT). Other presentations offered at the conference included courses on various topics regarding disaster response, such as Human Diversity, Leadership Skills/Organizational Management, Community Policing, Hazmat Awareness, Crisis Communications in Social Media, American Red Cross Emergency Disaster Relief, Critical Incident Stress Management (CISM), Disability Sensitivity Training and Pet Rescue.

*Cont'd page 11*

### Safe Handling of Individuals with Disabilities cont'd from pg 10

Occupational therapy provided information and hands on training to meet increased occupational needs and provide assistance to individuals with disabilities during a disaster. Educating and allowing willing participants to demonstrate the necessary steps and precautions involved in dependent transfers. The goals of educating on this topic were to train the first responders to recognize and identify a client's level of transfers and to impart the ability to train others to perform a dependent transfer using ergonomic principles and disability sensitive communications. As one participant noted, *"Now that I know what to do, this is easier than I expected!"*

The faculty at Nova Southeastern University hopes service learning experiences such as the Citizens Corps Conference will enable Occupational Therapists to recognize their abilities and seek leadership roles in the area of hazard preparedness in their communities. Future plans are being made for extended versions of this presentation to be provided at upcoming trainings to confidently and competently meet crisis needs for individuals with disabilities.

Pam Kasyan, MS, OTR/L, CHT

### Management of Common Hand and Upper Limb Problems in the Office

On Wednesday, October 26th, the Region 7 OT Forum presented a program at NOVA for 2 free CEUs. Our guest speaker was Dr. Alejandro Badia, from Badia Hand to Shoulder Center in Doral, Florida. Dr. Badia presented a lecture on Management of Common Hand and Upper Limb Problems in the Office.

It was a huge success and attended by 100 therapists.

Dr. Badia brought his knowledge and great sense of humor when he presented an interesting assortment of hand problems including elbow injuries, trigger fingers, percutaneous trigger releases, treatment of simple fractures, Dupuytren's fasciotomy new injection approach for Dupuytren's, shoulder impingement, endoscopic carpal and cubital tunnel releases.

#### Dr. Badia and the therapist on the round-table discussion



*L-R Heidi Lipshutz, Joan Zell, Ashley Dallal, Lauren Lancaster, Sonia Rubio-Yates, Robin Miller, Jacqueline Reese Walter and Dr. Badia*

At the end we had a panel of therapists and Dr. Badia to answer some questions prepared by the attendees. Our panelists were Heidi Lipshutz, Robin Miller, Lauren Lancaster, Ashley Dallal, Jacqueline Reese Walter, and Sonia Rubio-Yates. NOVA did a great job of organizing some vendors to show off their wares prior to and during the event and they also provided some snacks to keep us refreshed during the dinner hour of the meeting. Cheers to our vendors: Patterson Medical, Rapid Recovery Florida, and Lantz Medical.

Heidi Lipshutz, OTR/L, CHT



## Fieldwork Educator's Certification Workshop

**Date:** Saturday, May 5<sup>th</sup>, 2012  
**Time:** 8:30 am – 4:30 pm

**Place:** Keiser University - Miami Campus  
2101 NW 117th Avenue  
Miami, Florida 33172

### Instructors

**Kay Richardson** OTA/L, is the Academic Fieldwork Coordinator at Keiser University - Miami Campus.

**Pam Kasyan**, MS, OTR/L, CHT is the Academic Fieldwork Coordinator at South University.

### COURSE OUTLINE

8:00-8:30 Registration

8:30-10:00 Welcome and Introduction

Review Course Objectives / Written Pre-Test

Essential functions of Fieldwork Educators

Guidelines for FEs Student Orientation

10:00-10:15 Break

10:15-12:00 Learning Styles

Feedback and Evaluation /Types of Evaluation  
Steps to Providing Feedback /Resolving Conflict

12:00-1:00 Lunch (on your own)

1:00-2:00 Documentation of Student Behaviors

Specific and Objective Documentation

Domains of Learning

2:00-2:15 Break

2:15-4:00 Writing Learning Objectives:

FEAST Method

Writing Learning Objectives: Group Activity

Legal Considerations in Documentation

Legal Issues: ADA, FERPA Rights and Responsibilities

4:00-4:30 Post-Test, Course Evaluation

### CERTIFICATION CRITERIA:

- 7 hours workshop
- Completion of Pre & Post tests
- 85% minimum passing score

*Participants arriving later than one-half hour after the start of the workshop will forfeit their opportunity to be certified.*

Please send name, address and contact info along with check

Check: \_\_\_\_\_ (\$40 before 4/30, \$45 after)

### COURSE OBJECTIVES

#### Section 1

1. Identify the role of the FWE within the educational process
2. Adequately and efficiently orient students for the fieldwork experience
3. Integrate goals of the student, FWE, and academic institution into mutually determined objectives

#### Section 2

1. Identify variations in students' learning styles
2. Identify critical student behaviors and verbalize these in specific and objective terms
3. Discuss the differences and interrelationships between feedback and evaluation
4. Identify appropriate responses to students' reactions to feedback received

#### Section 3

1. Document student behaviors in specific and objective terms
2. Discuss the importance of documentation in communication and legal aspects of documentation during fieldwork
3. Write learning objectives

#### Section 4

1. Identify implications of several laws during fieldwork
2. Compare the rights and responsibilities of the AFWC, FWEC, student, and the academic and clinical institutions

Seven (7) continuing education contact hours will be awarded upon completion of this course

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Please send name, address and contact info along with check  
Check: \_\_\_\_\_ (\$40 before 4/30, \$45 after) Checks non-refundable after May 1

Register by mailing contact info with check payable to "FLOTEC" to:  
Kay Richardson OTA DEPT,

Keiser University Miami Campus, 2101 NW 117th Avenue, Miami, Florida 33172

**FLOTEC Award of Excellence**



This is the FLOTEC Award of Excellence that was presented to Gloria Vignau, OTR at Baptist Hospital in Miami. It was presented by Dr. Alma Abdel-Moty, Fieldwork Coordinator, FIU, Dr. Kinsuk Maitra, Chair, FIU OT Department and Dr. Hector Huerta, Clinical Assistant Professor, OT Dept, FIU.



**REGISTRATION FORM**

**Low Vision Workshop: Practical Skills for OTs  
April 7, 2012**

Name: \_\_\_\_\_ Email: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Employer or School (with address) \_\_\_\_\_

Telephone: (H) \_\_\_\_\_

(W) \_\_\_\_\_

FOTA Membership Number \_\_\_\_\_ e mail \_\_\_\_\_

Please Check: \_\_\_\_\_ OTR/COTA \$ 200.00      \_\_\_\_\_ Students \$ 150.00

Amount of check: \_\_\_\_\_ Checks non-refundable after April 1

Please mail form to our financial chair:

**Heidi Lipshutz, 1101 Fairfield Meadows Drive, Weston, FL 33327**

If you need a reasonable accommodation, please contact **Heidi Lipshutz** 954-290-7559.

## Low Vision Workshop: Practical Skills for OTs

**Date:** Saturday, April 7, 2012

**Place:** Baptist Hospital  
8900 N Kendall Drive  
Miami, FL 33156 Main Aud

**Time:** 8:00 registration  
**8:30 - 5 pm lunch on your own**

### Our Speaker

#### Colleen Ferren, OT

Colleen has been a practicing OT since 1984. As a graduate from the University of Puget Sound in Tacoma, Washington, Colleen has a wide range of experience with adult physical disabilities in home health, hospital rehabilitation and outpatient clinics. Colleen is an experienced OT educator. She has worked for the past five years as an OT Clinical Specialist and Program Manager for regional homecare companies. In these positions she has developed, trained and implemented Low Vision Specialty Programs, training staff in management of vision deficits for effective and safe patient ADL participation. She is the Regional OT Director for Nurse On Call.

### Program Description and Goals

This all day workshop provides occupational therapists and certified occupational therapy assistants with introductory knowledge of visual impairments associated with inoperable cataracts, diabetic retinopathy, glaucoma, macular degeneration, retinal tears and detachments, CVA, brain injury and multiple sclerosis. Course will emphasize evaluations to determine the extent of vision impairment, and treatment strategies to improve safety and independence with activities of daily living in the home environment. The course is taught lecture style with power point presentation, written and pictorial learning materials, and demonstration with use of low vision equipment, including: magnifiers, adaptive aids, lamps and lighting tools, and testing materials.

### Objectives

At the end of the workshop, the occupational therapists and/or assistants will:

1. Understand and apply basic eye anatomy to normal and low vision disease process.
2. Have a basic knowledge of visual functions and measurement.
3. Differentiate between normal aging vision changes and diseases causing low vision.
4. Define low vision and legal blindness. Understand history of blindness education and low vision treatment in the US.
5. Describe changes that occur in visual function from low vision conditions and their affect on occupational performance.
6. Gain basic knowledge of functional low vision evaluations.
7. Design intervention strategies to maximize use of optical devices.
8. Provide treatment strategies to improve lighting and illumination in the home.
9. Provide treatment to maximize performance and safety with ADL's and IADL's in the home.
10. Provide treatment interventions to maximize reading and writing skills.
11. Provide treatment in sensory compensation using tactile, auditory and olfactory systems.
12. Provide patient education in methods to preserve remaining sight.
13. Effectively collaborate with ophthalmologists, optometrists and other rehab specialists

This Course is accredited for 8 contact hours by the Occupational Therapy Department of NSU which is accredited by the Accreditation Council for Occupational Therapy Education (ACOTE) of the American Occupational Therapy Association (AOTA), located at 4720 Montgomery Lane, P.O. Box 31220, Bethesda, MD 20824-1220. Telephone 301-652-AOTA

## Map Directions to Nova Southeastern University

Carpal Instability Syndromes and Common Wrist Injuries, RA Resolutions, Research Symposium



**Directions:** From either the Turnpike, I-95 or I-75, Take I-595 to University Drive Exit. Head south approximately 1 mile on the left on University Drive.  
**Parking:** in parking garage on the east side of the building.

**Nova Southeastern University**  
 Health Professions Division  
 3200 S. University Drive  
 Fort Lauderdale, FL 33328



**Notice of Nondiscrimination**

Nova Southeastern University admits students of any race, color, and national or ethnic origin



**Carpal Instability Syndromes and Common Wrist Injuries**

**REGISTRATION FORM**

**February 25, 2012**



Name: \_\_\_\_\_

Address: \_\_\_\_\_

City, State, Zip \_\_\_\_\_

Employer or School (with address) \_\_\_\_\_

Telephone: (H) \_\_\_\_\_

(W) \_\_\_\_\_

FOTA Membership Number \_\_\_\_\_ E-mail \_\_\_\_\_

Please Check:  OTR/COTA \$150.00

Students \$ 50.00

Amount of check: \_\_\_\_\_

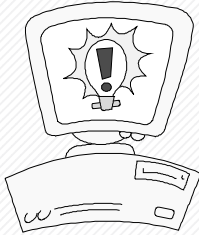
Checks non-refundable after Feb 14

Please mail form and corresponding check amount payable to "BOTF" to our financial chair:

**Heidi Lipshutz, 1101 Fairfield Meadows Drive, Weston, FL 33327**

If you need a reasonable accommodation, please contact **Heidi Lipshutz** 954-290-7559.

**Region 7 South EXECUTIVE BOARD**



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OT Events***

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*Type "Join Forum Email" in  
subject line of your email.*

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Financial Officer.....Heidi Lipshutz (C) 954-290-7559  
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*If you are interested in joining our exciting new board,  
contact any of the board members listed above.*

***Check our website at [www.floridaotforum.org](http://www.floridaotforum.org)***

**Heidi Lipshutz  
1101 Fairfield Meadows Drive  
Weston, FL 33327**